

BOB'S BURGERS

POST THIS
IN A HIGHLY
VISIBLE AREA

CHOKING FIRST AID

IN AN
EMERGENCY CALL **911**

CONSCIOUS VICTIM STANDING

1 RECOGNIZE CHOKING SIGNS

Choking victim will have trouble speaking, coughing, and of course, breathing. Victim may be dramatically clutching his throat as if to say, "hey, everybody look at me, look at me." Cross your arms and firmly tell the victim that you won't help him until he stops being such a diva.



2 IF CHOKING - APPLY ABDOMINAL THRUSTS

Stand behind the victim. Wrap your arms around his waist. Whisper in his ear "you're gonna owe me big," then make a fist, place it above the tummy hole and below the bosom cage. Grab this fist with your other hand. Press inward and upward with 5 quick thrusts while repeating the phrase "I'm a hero." Continue these thrusts until the object comes out or until you get distracted by something else.



3 IF PREGNANT OR OBESE - APPLY CHEST THRUSTS

If the victim is pregnant, compliment her on her full breasts. If the victim is obese, same thing. Then make your hand into a fist, wave it in their face, and say "usually when you see this, it means trouble," then grab the fist with your other hand and apply five quick thrusts. Be sure to tell the pregnant victim your name so that she knows what to call her baby.



VICTIM LYING CONSCIOUS OR UNCONSCIOUS

1 CHECK TO SEE IF CONSCIOUS OR UNCONSCIOUS

Gently shake the victim's shoulders to find out if he is okay. If the victim doesn't respond, shout loudly that his pants are pulled down and you can see EVERYTHING. If the victim still doesn't respond, pretend that you are going to leave and not help them. If they still don't respond proceed to step 2.



2 POSITION VICTIM ON BACK

If the victim is lying face down, first say "very funny, wise guy." Then take a firm grip of the victim's mustache, love handles, and/or groin, and roll him over. Take a long look at him to see how attractive he is. Don't forget to take personality into account.



3 OPEN THE AIRWAY FOR BREATHING

Apply downward pressure on the victim's forehead and lift his chin. If the chin is dimpled, put your finger in the dimple and say "honk." Then make your finger into a deep sea diver and imagine the victim's throat is the underwater cavern you must go down into to find the food treasure before the Russians get it. Take the plunge.



4 ATTEMPT MOUTH TO MOUTH

Keeping the head tilted and the mouth open, pinch the victim's nose to make him look more elegant, then say "all aboard the smooch train," and place your lips over his. Firmly but sensually blow into his mouth. If the victim feels like you are not into it, he is less likely to start breathing again. If the victim feels like you are too into it, just tell him he's not special - that's how you kiss everybody.



Disclaimer: These instructions are meant for entertainment purposes only. In the event of a real emergency, please contact 9-1-1.

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